

# What Can I do with a Major in Nursing?

According to the American Nurses Association, Nursing is the protection, promotion, and optimization of health and abilities, prevention of illness and injury, facilitation of healing, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, groups, communities, and populations.

#### **Registered Nurses Responsibilities** ("What Nurses Do", American Nurses Association)

- Perform physical exams and health histories
- Provide health promotion, counseling and education
- Administer medications, wound care, and numerous other personalized interventions
- Interpret patient information and make critical decisions about needed actions
- Coordinate care, in collaboration with a wide array of healthcare professionals
- Direct and supervise care delivered by other healthcare personnel like LPNs and nurse aides
- Conduct research in support of improved practice and patient outcomes

#### **Typical Coursework**

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|---------------------------|---------------------------|---------------------|
| Abnormal Psychology       | Physical Assessment       | Communication       |
| Adult Health and Illness  | Healthcare Systems        | Child Psychology    |
| Biochemistry              | Human Anatomy &           | Nutrition           |
| Caring for Older Adults   | Physiology                | Pharmacology        |
| Community Care            | Mother, Infant, and Child | Physics             |
| Growth and Development    | Health Promotion          | Reproductive Health |
| Leadership                | Microbiology              | Statistics/Research |
| Mental Health and Illness |                           |                     |

## **Related Major Skills**

| Active Listening            | Independence          | Initiative          |
|-----------------------------|-----------------------|---------------------|
| Concern for Others          | Time Management       | Integrity           |
| Critical Thinking           | Prioritization        | Attention to Detail |
| Able to Instruct Others     | Stress Tolerance      | Monitoring          |
| Adaptability/Flexibility    | Social Perceptiveness | Dependability       |
| Oral/Written Expression and |                       |                     |
| Comprehension               |                       |                     |

#### **Areas of Practice**

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|---------------------------|----------------------------|---------------------|
| Acute Care                | Critical Care              | Nurse Practitioner  |
| Community Health          | Neonatal Care              | Occupational Health |
| Mental Health             | Adult Health Care          | Family Nursing      |
| Education Administration  | Staff Development          | Oncology            |
| Community/Mental Health   | Neurological Care          | School Health Nurse |
| Nursing Administration    | Ambulatory Care            | Anesthesia          |
| Forensics/Corrections     | Developmental Disabilities | Gerontology         |
| Midwife                   | Health Policy              | Pediatrics          |
| Clinical Nurse Specialist | Ambulatory Child Health    | Cardiovascular Care |

Maternity/Newborn Care College/University Faculty

**Pulmonary Care** 

Spinal Cord Injury Nurse

Rehabilitation

Transcultural Nursing

Respiratory Care

Trauma/Emergency
Public Health
Surgical Nurse
Nurse Researcher
Staff Development/Educator

Psychiatry

Hospital Administrator

Medical-Surgical Ambulatory Care Orthopedics

**Chemical Dependency** 

### **Who Hires for this Occupation?**

Registered nurses work in hospitals, physicians' offices, home healthcare services, and nursing care facilities. They also work in correctional facilities, schools, summer camps, and with the military.

#### Focus2

Visit <u>FOCUS2</u> (use ARCC credentials to sign-in) for more information regarding **related occupations and average salaries** and explore **other related majors.** You can also take **assessments** to match your skills, interests, and values to potential careers and majors.



## MN Colleges & Universities with a major in Nursing

**Augsburg College** 

Bemidji State University

**Bethel University** 

College of St. Benedict

College of St. Scholastica

Concordia University, St. Paul

Gustavus Adolphus College

**Hamline University** 

Metropolitan State University

Minnesota State University, Mankato Minnesota State University, Moorhead Southwest State University

St. Catherine University

St. Cloud State University

St. John's University

St. Mary's University of Minnesota – Minneapolis

St. Olaf College

University of Minnesota, Rochester University of Minnesota, Twin Cities

University of Northwestern, St. Paul

Winona State University

Anoka-Ramsey Community College offers an Nursing Associate of Science Degree.

Search for majors and colleges at Minnesota State System Colleges and University

#### **Professional Association Links**

National Student Nurses' Association
American Nurses Association
American Association of Colleges of Nursing
Honor Society for Nursing
National Federation of Licensed Practical Nurses
National League for Nursing

## **For More Information**

Contact ARCC Counseling (Coon Rapids and Cambridge) at (763) 433-1100 or stop by the campus Information Desk

#### Information adapted from:

Minnesota Career Information System
Occupational Outlook Handbook
Focus2

Career Center at the University of North Carolina at Wilmington