



Free Community Family Meals

** Food Distribution Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>2</p> <p>First Lutheran Church Community Lunch (No Meals in June-Aug.)</p>	<p>3</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p>	<p>4</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Manna Market @ Fridley Covenant Church 4:00-6:00 PM Drive Thru Fridley</p>	<p>5</p> <p>Lutheran Church of the Master 5:00-6:30 PM Dine in or Take Out Brooklyn Center Peace Lutheran Church (No Meals in June-Aug.) Mt. Olive Lutheran Church 5:30-6:15 PM Anoka St. Philip's Lutheran Church 5:15-6:00 PM (meal) Door 1 Only curbside pick-up **Wed. 5:00-6:30 PM Door 3 Fridley Forest Hill United Methodist Church (No Meals in June- Aug.)</p>	<p>6</p> <p>**Hope Church 9:30 AM-5:00 PM Drive Thru Blaine</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p> <p>Faith Lutheran Church 5:00-6:00 PM Drive Thru or Dine In Coon Rapids</p>	<p>7</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>Classic Car Show Begins in Anoka</p>	<p>1</p> <p>**Manna Market @ Substance Church 10:00-11:30 AM Drive Thru Spring Lake Park</p> <p>8</p> <p>**Manna Market @ Substance Church 10:00-11:30 AM Drive Thru Spring Lake Park</p>
<p>9</p> <p>**Spirit of Matthew 25 Distribution 12:00 2:00 PM Drive Thru Coon Rapids United Methodist Church Coon Rapids</p> <p>Servant of Christ Lutheran Church 5:00-5:30 PM Time Change Drive Thru only Champlin</p>	<p>10</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p>	<p>11</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Way of the Lord Church 2:30-5:30 PM Blaine</p> <p>St. Timothy Lutheran Church 5:00-6:30 PM Drive Thru Columbia Heights</p> <p>**Manna Market @ Fridley Covenant Church 4:00-6:00 PM Drive Thru Fridley</p>	<p>12</p> <p>Lutheran Church of the Master 5:00-6:30 PM Dine in or Take Out Brooklyn Center</p> <p>Mt. Olive Lutheran Church 5:30-6:15 PM Anoka</p> <p>St. Philip's Lutheran Church 5:15-6:00 PM (meal) Door 1 Only curbside pick-up **Wed. 5:00-6:30 PM Door 3 Fridley</p>	<p>13</p> <p>**Hope Church 9:30 AM-5:00 PM Drive Thru Blaine</p> <p>**Faith Lutheran Church-The Harbor food shopping-free 3:00-5:00 PM RSVP (763)755-3530 Coon Rapids</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p> <p>Faith United Method Church 5:00 6:00 PM St. Anthony</p> <p>**Trinity Lutheran Church 5:00 7:00 PM Drive Thru St. Francis</p>	<p>14</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>Flag Day Long may she wave</p>	<p>15</p> <p>**Forest Hill United Methodist Church 7-9:30 AM Drive Thru Forest Lake (\$25 donation)</p> <p>**Manna Market @ Substance Church 10:00-11:30 AM Drive Thru Spring Lake Park</p> <p>St. Stephen's Catholic Church 5:45-6:30 PM Anoka</p>
<p>16</p> <p>Grace Lutheran Church 12:00 -1:00 PM New Time Change Drive Thru or Dine In Andover</p> <p>HAPPY FATHER'S DAY</p>	<p>17</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p> <p>Redeemer Lutheran Church 5:45-6:30 PM Fridley</p>	<p>18</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Manna Market @ Fridley Covenant Church 4:00-6:00 PM Drive Thru Fridley</p>	<p>19</p> <p>Lutheran Church of the Master 5:00-6:30 PM Dine in or Take Out Brooklyn Center</p> <p>Mt. Olive Lutheran Church (No Meal Tonight)</p> <p>St. Philip's Lutheran Church 5:15-6:00 PM (meal) Door 1 Only curbside pick-up **Wed. 5:00-6:30 PM Door 3 Fridley</p>	<p>20</p> <p>It's SUMMER!</p> <p>**Hope Church 9:30 AM-5:00 PM Drive Thru Blaine</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p> <p>**Faith Lutheran Church-The Harbor food shopping-free 3:00-5:00 PM RSVP (763)755-3530 Coon Rapids</p>	<p>21</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>Glen Cary Lutheran Church 6:00-7:00 PM Ham Lake</p>	<p>22</p> <p>**Manna Market @ Substance Church 10:00-11:30 AM Drive Thru Spring Lake Park</p> <p>Fridley United Methodist Church 11:30 AM-12:30 PM Indoor Dining 12:00-12:30 Drive Thru Fridley</p>
<p>23</p>	<p>24</p> <p>**Anoka Covenant Church 12:00-2:00 PM Anoka</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p>	<p>25</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Way of the Lord Church 2:30-5:30 PM Blaine</p> <p>**Manna Market @ Fridley Covenant Church 4:00-6:00 PM Drive Thru Fridley</p>	<p>26</p> <p>**Faith Lutheran Church-The Harbor food distribution 2:30-4:30 PM Drive Thru Coon Rapids</p> <p>Lutheran Church of the Master 5:00-6:30 PM Dine in or Take Out Brooklyn Center</p> <p>Mt. Olive Lutheran Church 5:30-6:15 PM Anoka</p> <p>St. Philip's Lutheran Church 5:15-6:00 PM (meal) Door 1 Only curbside pick-up **Wed. 5:00-6:30 PM Door 3 Fridley</p>	<p>27</p> <p>**Hope Church 9:30 AM-5:00 PM Drive Thru Blaine</p> <p>**Manna Market @ Substance Church 4:00-6:00 PM Drive Thru Spring Lake Park</p> <p>Unity North Spiritual Center 5:00-6:00 PM Drive Thru Coon Rapids</p> <p>**Trinity Lutheran Church 5:00 7:00 PM Drive Thru St. Francis</p>	<p>28</p> <p>**St. Philip's Lutheran Church 10:00-11:30 AM Door 3 ♥ Fridley</p> <p>**Lord of Life Lutheran Church 4:30-6:00 PM Drive Thru Ramsey (Ruby's Pantry) (\$25 cash donation)</p>	<p>29</p> <p>**Manna Market @ Substance Church 10:00-11:30 AM Drive Thru Spring Lake Park</p>
<p>30</p>	<p>COMMUNITY OUTREACH - COMMUNITY - MINISTRY -</p> <p>During these times, we are grateful for those ministries that are helping with assistance. Community meals are open to everyone. Some Food Distributions may have restrictions. Please observe your residence boundary areas. Bring ID. <u>Volunteers are always welcome.</u> Contact any churches for opportunities. <u>Monetary donations \$\$ welcomed at any site.</u> (To defray expenses) <u>Do not arrive too early. Thanks for being Patient!</u></p> <p>♥ Blood Pressure taken by American Heart Association</p>				<p>Farmers Market</p> <p>anokacountymn.gov/2264/ FarmersMarketsGardens minnesotagrown.com/</p>	