

Program Information

The Associate of Science (AS) in Health Sciences degree program is designed to be broad and provide a general background for students interested in health sciences but have not yet decided which specific health-care field they intend to pursue at the upper-division level. For assistance in program planning, or to explore additional transfer options, students should schedule a time to meet with an academic advisor. This degree may transfer in part or in its entirety to baccalaureate institutions. Students should meet with a representative of the transfer institution when planning their program.

Program Goals

By completing this program, students will achieve the following learning goals:

1. Students will develop as writers and speakers who use the English language effectively and who read, write, speak, and listen critically;
2. Students will develop capacity to identify, discuss and reflect upon social and behavioral issues;
3. Students will demonstrate comprehension of human and biological systems;
4. Students will increase knowledge about mathematical and logical modes of thinking; and
5. Students will improve their awareness and understanding of health, wellness and liberal arts.

Developmental Courses

Some students may need preparatory courses in the areas of English, mathematics, or reading. Courses numbered below 1000 will not apply toward this degree.

Completion Requirements

- A minimum of 60 semester credits in courses numbered 1000 or above.
- A minimum cumulative grade point average (GPA) of 2.0 in courses numbered 1000 or above at ARCC.
- Satisfy residency requirements.
- Completion of specific degree requirements.
- To complete your program, please submit the appropriate application found [here](#).
- The requirements of this program are subject to change without notice.

Program Requirements: 46-48 credits

<input type="checkbox"/>	BIOL 1106	Principles of Biology I.....	4
<input type="checkbox"/>	BIOL 2113♦	Human Anatomy and Physiology I.....	4
		<i>prerequisite not required beginning Spring 2024</i>	
<input type="checkbox"/>	BIOL 2114♦	Human Anatomy and Physiology II.....	4
<input type="checkbox"/>	BIOL 2201♦	Microbiology.....	4
<input type="checkbox"/>	CHEM 1020♦	Interpretive Chemistry.....	4
		OR	
<input type="checkbox"/>	CHEM 1050♦	Fundamentals of General, Organic, and Biological Chemistry.....	3
		OR	
<input type="checkbox"/>	CHEM 1061♦	Principles of Chemistry I.....	4
<input type="checkbox"/>	CMST 1110	Introduction to Communication	
		OR	
<input type="checkbox"/>	CMST 2215	Public Speaking	
		OR	
<input type="checkbox"/>	CMST 2220	Interpersonal Communication.....	3
<input type="checkbox"/>	ENGL 1120♦	Cross-Current College Writing and Critical Reading	
		OR	
<input type="checkbox"/>	ENGL 1121♦	College Writing and Critical Reading.....	4
<input type="checkbox"/>	HPER 1112	Nutrition.....	3
<input type="checkbox"/>	MATH 1100♦	Mathematics for Liberal Arts.....	3
		OR	
<input type="checkbox"/>	MATH 1114♦	Introduction to Statistics.....	4
		OR	
<input type="checkbox"/>	MATH 1200♦	College Algebra.....	3
<input type="checkbox"/>	PHIL 1110	Introduction to Ethics	
		OR	
<input type="checkbox"/>	PHIL 1200	Medical Ethics.....	3
<input type="checkbox"/>	PSYC 1110	General Psychology.....	4
<input type="checkbox"/>	PSYC 2235♦	Lifespan Development.....	4
<input type="checkbox"/>	SOC 1111	General Sociology (fall) / Introduction to Sociology (spring).....	3

Program Electives: 12-14 credits

Choose remaining electives with an emphasis on MnTC Goal Areas 5 and 10 to fulfill the 60-credit requirement.

<input type="checkbox"/>	Electives.....	12-14
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♦ *Course has prerequisite - see course schedule or catalog description.*

^ *Course requires Instructor permission.*

NOTE: You are encouraged to contact an academic advisor at 763-433-1230 for course planning assistance and information about transfer credit evaluation and transfer options.