# **Physical Therapist Assistant**

Associate of Applied Science (AAS) Degree

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#### **Program Information**

The Associate of Applied Science (AAS) in Physical Therapist Assistant degree program prepares students for employment as a Physical Therapist Assistant (PTA), a health-care provider who, with the guidance of a physical therapist, performs a wide variety of functions as part of the health-care team. This field has been expanding in recent years and the employment outlook continues to be good in hospitals, skilled nursing facilities, home care, and outpatient facilities. In addition to class work in psychology, medical terminology, neuroanatomy and physiology, instrumentation and kinesiology for physical therapy, and advanced physical therapy techniques, students gain "hands-on" experience through clinical practice at area health-care facilities.

The Physical Therapist Assistant program at Anoka-Ramsey Community College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE). For additional information about our PTA program, visit our website at: <a href="mailto:AnokaRamsey.edu/academics/degrees-diplomas-certificates/two-year-degrees/associate-of-applied-science-degrees/physical-therapist-assistant/">AnokaRamsey.edu/academics/degrees-diplomas-certificates/two-year-degrees/associate-of-applied-science-degrees/physical-therapist-assistant/</a>.

#### **Program Goals**

By completing this program, students will achieve the following learning goals:

- Demonstrate competent written and electronic documentation skills, and oral communication skills;
- 2. Perform all treatment procedures skillfully and safely, including modalities, massage, manual skills, gait training, and data collection for the physical therapist to use for assessment purposes;
- Demonstrate knowledge of the normal structure and function of the human body and understand the physiological and psychological effects of disease and injury;
- 4. Demonstrate understanding of his/her professional role as a PTA and demonstrate awareness of ethical behavior, legal responsibility, and the PT/PTA professional relationship;
- 5. Recognize and appreciate diversity within society and the health care profession; and
- 6. Successfully pass the PTA licensure exam and begin practice as an entry-level physical therapist assistant.

#### **Program Admissions**

To apply for admission to the Physical Therapist Assistant Program, submit the "Application for Physical Therapist Assistant program" to the Office of Records & Registration between February 1–28 for the following fall. Application materials are available online. All PTA program requirements are offered at the Coon Rapids Campus.

# **Related Program Requirements**

Clinical facilities require students to maintain specific requirements to ensure personal and patient health and safety. Proof that these requirements are met must be furnished by the student. (See PTA Information Packet.)

A GPA of 2.0 or above must be earned each semester while in the program.

♦ Course has prerequisite - see course schedule or catalog description.
^ Course requires Instructor permission.

NOTE: You are encouraged to contact an academic advisor at 763-433-1230 for course planning assistance and information about transfer credit evaluation and transfer options.

## **Developmental Courses**

Some students may need preparatory courses in the areas of English, mathematics, or reading. Courses numbered below 1000 will not apply toward this degree.

#### **Completion Requirements**

- A minimum of 69 semester credits in courses numbered 1000 or above
- A minimum cumulative grade point average (GPA) of 2.0 in courses numbered 1000 or above at ARCC.
- Satisfy residency requirements.
- A minimum grade of C in all program requirements and general education courses and a grade of "Pass" in clinical practices must be earned
- All program requirements must be completed at ARCC.
- Completion of specific degree requirements.
- To complete your program, please submit the appropriate application found here.
- The requirements of this program are subject to change without notice.

# Program Requirements: 47 credits The PTA Program Core course requirements are only offered at the Coon

Rapids Campus. ☐ BIOL 1102 Medical Terminology......2 □ PTAC 1010♦ Clinical Practice I ...... 4 ☐ PTAC 1020◆ Musculoskeletal Anatomy and Kinesiology for the PTA......4 ☐ PTAC 1030◆ Introduction to PTA Theory......2 ☐ PTAC 1040◆ Introduction to PTA Lab......2 □ PTAC 1050♦ Modalities and Massage Theory ...... 3 ☐ PTAC 1060◆ □ PTAC 1070♦ ☐ PTAC 1080◆ ☐ PTAC 1100◆ Communication and Documentation for the Physical Therapist Assistant I...... 1 ☐ PTAC 1110◆ Communication and Documentation for the Physical Therapist Assistant II ...... 1 Musculoskeletal Disorders......4 ☐ PTAC 2000◆ □ PTAC 2010 ◆ Neuroanatomy and Functional □ PTAC 2015◆ Neuroanatomy and Functional Rehabilitation Lab 2 ☐ PTAC 2040◆ ☐ PTAC 2050♦ ☐ PTAC 2060♦ Clinical Practice II\*......5 \*Students must complete all General Education requirements prior to or during enrollment in PTAC 2060.

#### **Electives/Optional**

☐ PTAC 2110 <b>♦</b>	Physical Therapy Research I	1
	Physical Therapy Research II	
	PTA Clinic	
☐ PTAC 2170♦	Physical Therapy Seminars	1



2022-2023

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### General Education/MnTC Requirements: 22 credits

Complete a minimum of 22 credits from the Minnesota Transfer Curriculum (MnTC) including the following: ☐ BIOL 2113◆ Human Anatomy and Physiology I \*\*..... 4 ☐ BIOL 2114◆ Human Anatomy and Physiology II\*\* ...... 4 ☐ CMST 1110 Introduction to Communication ...... 3 OR☐ CMST 2215 Public Speaking ...... 3  $\Box$  OR ☐ CMST 2220 ☐ ENGL 1120**♦** Cross-Current College Writing and Critical Reading OR☐ PSYC 1110 General Psychology......4 

\*\*BIOL 2113 & 2114 must be completed no more than seven years prior to admission and must be completed prior to PTAC 1010 Clinical Practice I.

NOTE: Students who fail to meet the sequence requirements, prerequisites, and academic achievement levels will be dropped from the program.

