

Alcohol & Drug Counseling Studies

Associate of Science (AS) Degree

Program Information

The Associate of Science (AS) in Alcohol and Drug Counseling Studies degree program is designed for students interested in the field of alcohol and drug counseling. The program prepares graduates for the written test and oral examination which are required for Minnesota state licensure. The 28-credit Alcohol and Drug Counseling Certificate is completed as part of the Alcohol and Drug Counseling Studies Associate of Science degree. Completion of the certificate allows the student to practice under a temporary ADC licensure en route to earning a Bachelor's degree within five years. (NOTE: the written test and case review must be satisfied as defined by the Minnesota Board of Behavioral Health and Therapy).

Program Goals

Upon completion of the program, graduates will demonstrate achievement of program outcomes by being able to:

1. Apply and demonstrate competency of counseling services to people with substance abuse disorders, as defined by the 12 core functions;
2. Apply the established diagnostic criteria for substance use disorder and describe treatment modalities and placement criteria within the continuum of care;
3. Apply a variety of models and theories of addiction and other problems related to substance abuse;
4. Demonstrate clinical writing skills for professional documentation; and
5. Apply laws, rules, and ethical guidelines related to the State of Minnesota and the addiction counseling profession.

Program Admission & Related Requirements

Program admission requires completion of Alcohol and Drug Counseling Orientation. Clinical/practicum facilities require students to maintain specific requirements to ensure student and client health and safety. Proof that these requirements are met must be furnished by the student and include but are not limited to:

- A recent physical examination including current immunity titers and a current negative Tuberculosis (TB) screening.
- Current certification in American Heart Association: BLS Healthcare Provider is required for all Clinical/Practicum courses.
- A cleared Background Study is required from the State of Minnesota.

Completion Requirements

- A minimum of 60 semester credits in courses numbered 1000 or above.
- A minimum cumulative grade point average (GPA) of 2.0 in courses numbered 1000 or above at ARCC.
- Satisfy residency requirements.
- A minimum grade of C must be earned in all program requirements.
- All ADCS courses must be completed at ARCC or have been approved for credit for prior learning.
- Completion of specific degree requirements.
- To receive your diploma, you must apply to graduate.
- The requirements of this program are subject to change without notice.

◆ *Course has prerequisite - see course schedule or catalog description.*

^ *Course requires Instructor permission.*

NOTE: You are encouraged to contact an academic advisor at 763-433-1230 for course planning assistance and information about transfer credit evaluation and transfer options.

Developmental Courses

Successful entry into this program requires a specific level of skill in the areas of English and Reading. Admission requires an ability to do college level reading and writing as demonstrated by meeting enrollment requirements for ENGL 1121.

Program Requirements: 25 credits

- ADCS 1110◆ Pharmacology for Substance Use Disorder 3
- ADCS 1120◆ Substance Use Disorder Assessment 4
- ADCS 1200◆ Substance Use Disorder Counseling..... 4
- ADCS 1210◆ Substance Use Disorder Case Management..... 4
- ADCS 2297◆ Substance Use Disorder Counseling Practicum I.... 5
- ADCS 2298◆ Substance Use Disorder Counseling Practicum II .. 5

General Education/MnTC: 32 credits

Complete at least 32 credits from the Minnesota Transfer Curriculum (MnTC), including all courses listed. You must complete at least one course in six of the ten goal areas. One course may satisfy more than one goal area, but the course credits may be counted only once.

- 1. Communication
 - ENGL 1120◆ **OR** ENGL 1121◆ 4
 - CMST 1110 **OR** CMST 2215 **OR** CMST 2220 3
- 2. Critical Thinking
- 3. Natural Science
- 4. Mathematical/Logical Reasoning
- 5. History/Social/Behavioral Sciences
 - PSYC 1110 4
 - OR**
 - SOC 1111 3
- 6. Humanities/Fine Arts
 - PHIL 1110 **OR** PHIL 1200 3
- 7. Human Diversity
- 8. Global Perspective
- 9. Ethical/Civic Responsibility
- 10. People and the Environment

Wellness Requirement: 3 credits

- HPER 1102 Drugs, Alcohol, and Tobacco 3

Program note: A Bachelor's degree from an accredited school or educational program is required for licensure. Eighteen semester credits of alcohol and drug counseling academic course work; 880 clock hours of supervised alcohol and drug counseling practicum, and written examination that demonstrates competence in the core functions must also be successfully completed for licensure.

(continued)

2021-2022

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Program Sequence:

The sequence that follows is suggested for full-time students. Part-time students will need more time to complete this program; many courses are offered in the evening.

| | Fall Semester | Spring Semester |
|----------------------------|------------------------------|-------------------------------|
| 1st YEAR | ADCS 1110.....3 | ADCS 1200.....4 |
| | ADCS 11204 | ADCS 12104 |
| | ENGL 1120/11214 | CMST 1110/2215/2220.....3 |
| | HPER 1102.....3 | PSYC 1110 or SOC 1111.....3-4 |
| | Gen Ed 1-2 | TOTAL 14-15 |
| | TOTAL 15-16 | |
| 2nd YEAR | Fall Semester | Spring Semester |
| | ADCS 2297.....5 | ADCS 2298.....5 |
| | PHIL 1110 or PHIL 1200.....3 | Gen Ed10 |
| | Gen Ed7 | TOTAL 15 |
| TOTAL 15 | | |

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