

**Program Information**

The Associate of Science (AS) in Health Sciences degree program is designed to be broad and provide a general background for students interested in health sciences but have not yet decided which specific health-care field they intend to pursue at the upper-division level. For assistance in program planning, or to explore additional transfer options, students should schedule a time to meet with an academic advisor. This degree may transfer in part or in its entirety to baccalaureate institutions. Students should meet with a representative of the transfer institution when planning their program.

**Program Goals**

By completing this program, students will achieve the following learning goals:

1. Students will develop as writers and speakers who use the English language effectively and who read, write, speak, and listen critically;
2. Students will develop capacity to identify, discuss and reflect upon social and behavioral issues;
3. Students will demonstrate comprehension of human and biological systems;
4. Students will increase knowledge about mathematical and logical modes of thinking; and
5. Students will improve their awareness and understanding of health, wellness and liberal arts.

**Developmental Courses**

Some students may need preparatory courses in the areas of English, mathematics, or reading. Courses numbered below 1000 will not apply toward this degree.

**Completion Requirements**

- A minimum of 60 semester credits in courses numbered 1000 or above.
- A minimum cumulative grade point average (GPA) of 2.0 in courses numbered 1000 or above at ARCC.
- Satisfy residency requirements.
- Completion of specific degree requirements.
- To receive your diploma, you must apply to graduate.
- The requirements of this program are subject to change without notice.

**Program Requirements: 51 credits**

<input type="checkbox"/>	BIOL 1106	Principles of Biology I.....	4
<input type="checkbox"/>	BIOL 2113♦	Human Anatomy and Physiology I.....	4
<input type="checkbox"/>	BIOL 2114♦	Human Anatomy and Physiology II.....	4
<input type="checkbox"/>	BIOL 2201♦	Microbiology .....	4
<input type="checkbox"/>	CHEM 1020♦	Interpretive Chemistry.....	4
<input type="checkbox"/>	CMST 1110	Introduction to Communication .....	3
<b>OR</b>			
<input type="checkbox"/>	CMST 2215	Public Speaking .....	3
<input type="checkbox"/>	ENGL 1120♦	Cross-Current College Writing and Critical Reading .....	
<b>OR</b>			
<input type="checkbox"/>	ENGL 1121♦	College Writing and Critical Reading .....	4
<input type="checkbox"/>	HPER 1112	Nutrition .....	3
<input type="checkbox"/>	MATH 1114♦	Introduction to Statistics.....	4
<input type="checkbox"/>	MATH 1200♦	College Algebra.....	3
<input type="checkbox"/>	PHIL 1110	Introduction to Ethics .....	
<b>OR</b>			
<input type="checkbox"/>	PHIL 1200	Medical Ethics.....	3
<input type="checkbox"/>	PSYC 1110	General Psychology.....	4
<input type="checkbox"/>	PSYC 2235♦	Lifespan Development .....	4
<input type="checkbox"/>	SOC 1111	General Sociology.....	3

**Program Electives: 9 credits**

Restricted Electives:

<input type="checkbox"/>	Choose one of the following two courses:	
<input type="checkbox"/>	GEOG 1103 Physical Geography .....	3
<input type="checkbox"/>	POLS 1141 Environmental Politics .....	3
<input type="checkbox"/>	Humanities/Fine Arts elective .....	3
<input type="checkbox"/>	Select any HPER course totaling one credit .....	1
<input type="checkbox"/>	Elective .....	2

♦ *Course has prerequisite - see course schedule or catalog description.*

^ *Course requires Instructor permission.*

NOTE: You are encouraged to contact an academic advisor at 763-433-1230 for course planning assistance and information about transfer credit evaluation and transfer options.