



Dear Counselor:

This student is applying for acceptance into the Upward Bound program sponsored by Anoka-Ramsey Community College. In addition to completing an in-depth application, we request that the student seek three recommendations: two from their teachers and one from a counselor so that we can accept the most qualified and motivated students.

Upward Bound is designed as a year-round, college access program for high school **students who demonstrate the interest and ability to go on to post-secondary education**. The goal of the program is to develop the skills and motivation necessary to succeed in college. We prepare students through weekly tutoring and other academic skill-building sessions, social and cultural activities, college and career exploration, and academic advising. Upward Bound develops the learning potential of high school students **from limited income families and/or families whose parents have not completed a four-year college degree**. The TRIO Upward Bound program is funded by the U.S. Department of Education.

Anoka-Ramsey Community College's Upward Bound serves students enrolled at Braham, Cambridge-Isanti, Mora, North Branch, Princeton, and St. Francis High Schools. We expect all of our students to go on to a post-secondary institution of their choosing, so as you complete this form, please keep in mind the qualities and characteristics that we are looking for in candidates:

- Consistent class attendance
- Completes assignments in a timely and high quality manner
- Motivated and has the ability to attend and complete post-secondary education
- Has integrity and honesty in dealing with others

Please be candid in your answers. **When you return this form, please include a copy of the student's transcript and state standardized academic test scores.** If you have questions or need additional information, please contact the Upward Bound Program at 763-433-1170 ext. 1. We want to choose the students who have both the greatest need and potential for success. Thank you.

### **Anoka-Ramsey Community College Upward Bound Staff**

Phone: (763) 433-1170, ext. 1

Email: [UpwardBound\\_CC@anokaramsey.edu](mailto:UpwardBound_CC@anokaramsey.edu)

**Please give this form to the student or mail to Anoka-Ramsey Community College.**

**CAMBRIDGE CAMPUS**  
300 Spirit River Dr S, Cambridge, MN 55008  
763-433-1100 • 763-433-1841 FAX



**COON RAPIDS CAMPUS**  
11200 Mississippi Blvd NW, Coon Rapids, MN 55433  
763-433-1100 • 763-433-1521 FAX



UPWARD BOUND

## COUNSELOR RECOMMENDATION FORM

Student's Name: \_\_\_\_\_ Date: \_\_\_\_\_

High School: \_\_\_\_\_

Counselor's Name: \_\_\_\_\_ Signature: \_\_\_\_\_

1. Please describe this student's attendance record.

Excellent\_\_\_\_ Good\_\_\_\_ Fair\_\_\_\_ Poor\_\_\_\_

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2. Please describe this student's motivation and commitment to school.

Excellent\_\_\_\_ Good\_\_\_\_ Fair\_\_\_\_ Poor\_\_\_\_

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3. Has the student given you any indication of his/her educational goals and/or career goals?

Yes \_\_\_\_ No \_\_\_\_

If yes, what are they? \_\_\_\_\_

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4. Middle School GPA \_\_\_\_\_ (please staple a copy of middle school transcript and MCA scores)

5. High School GPA \_\_\_\_\_ (please staple a copy of high school transcript - *if applicable*)

6. Do you think this student is a good candidate for Upward Bound? (Attach a separate sheet if needed.)

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**Thank you for your cooperation.**

**Please include this form and a copy of the student's transcript,  
including all state standardized academic test scores, with the student's application.**

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