

**Program Information**

This program prepares students for employment as a Physical Therapist Assistant (PTA), a health-care provider who, with the guidance of a physical therapist, performs a wide variety of functions as part of the health-care team. This field has been expanding in recent years and the employment outlook continues to be good in hospitals, skilled nursing facilities, home care, and outpatient facilities. In addition to class work in psychology, medical terminology, neuroanatomy and physiology, instrumentation and kinesiology for physical therapy, and advanced physical therapy techniques, students gain “hands-on” experience through clinical practice at area health-care facilities.

The Physical Therapist Assistant program at Anoka-Ramsey Community College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE). For additional information about our PTA program, visit our website at: <http://www.anokaramsey.edu/academics/degrees-certificates/two-year-degrees/associate-of-applied-science-degrees/physical-therapist-assistant/>.

**Program Goals**

By completing this program, students will achieve the following learning goals:

1. Demonstrate competent written and oral communication skills;
2. Perform all treatment procedures skillfully and safely, including modalities, massage, manual skills, gait training, and data collection for the physical therapist to use for assessment purposes;
3. Demonstrate knowledge of the normal structure and function of the human body and understand the physiological and psychological effects of disease and injury;
4. Demonstrate understanding of his/her professional role as a PTA and demonstrate awareness of ethical behavior, legal responsibility, and the PT/PTA professional relationship;
5. Recognize and appreciate diversity within society and the health care profession; and
6. Successfully pass the PTA licensure exam and begin practice as an entry-level physical therapist assistant.

**Program Admissions**

To apply for admission to the Physical Therapist Assistant Program, submit the “Application for Physical Therapist Assistant program” to the Office of Records & Registration between February 1–28 for the following fall. Application materials are available online. All PTA program requirements are offered at the Coon Rapids Campus.

**Related Program Requirements**

Clinical facilities require students to maintain specific requirements to ensure personal and patient health and safety. Proof that these requirements are met must be furnished by the student. (See PTA Information Packet.)

A GPA of 2.0 or above must be earned each semester while in the program.

**Developmental Courses**

Some students may need preparatory courses in the areas of English, mathematics or reading. Courses numbered below 1000 will not apply toward this degree.

**Completion Requirements**

- A minimum of 69 semester credits in courses numbered 1000 or above.
- A minimum cumulative grade point average (GPA) of 2.0 in courses numbered 1000 or above at ARCC.
- Satisfy residency requirements. See page 27.
- A minimum grade of C in all program requirements and general education courses and a grade of “Pass” in clinical practices must be earned.
- All program requirements must be completed at ARCC.
- Completion of specific degree requirements.
- To receive your diploma, you must apply to graduate.
- The requirements of this program are subject to change without notice.

**Program Requirements: 47 credits**

The PTA Program Core course requirements are only offered at the Coon Rapids Campus.

<input type="checkbox"/> BIOL 1102	Medical Terminology .....	2
<input type="checkbox"/> PTAC 1010♦	Clinical Practice I .....	4
<input type="checkbox"/> PTAC 1020♦	Musculoskeletal Anatomy and Kinesiology for the PTA .....	4
<input type="checkbox"/> PTAC 1030♦	Introduction to PTA Theory .....	2
<input type="checkbox"/> PTAC 1040♦	Introduction to PTA Lab .....	2
<input type="checkbox"/> PTAC 1050♦	Modalities and Massage Theory .....	3
<input type="checkbox"/> PTAC 1060♦	Modalities and Massage Lab .....	3
<input type="checkbox"/> PTAC 1070♦	Therapeutic Exercise Theory .....	2
<input type="checkbox"/> PTAC 1080♦	Therapeutic Exercise Lab .....	3
<input type="checkbox"/> PTAC 1100♦	Communication and Documentation for the PTA I .....	1
<input type="checkbox"/> PTAC 1110♦	Communication and Documentation for the PTA Part II .....	1
<input type="checkbox"/> PTAC 2000♦	Musculoskeletal Disorders .....	4
<input type="checkbox"/> PTAC 2010♦	Neuroanatomy and Functional Rehabilitation Theory .....	4
<input type="checkbox"/> PTAC 2015♦	Neuroanatomy and Functional Rehabilitation Lab .....	2
<input type="checkbox"/> PTAC 2040♦	Special Topics I .....	2
<input type="checkbox"/> PTAC 2050♦	Special Topics II .....	3
<input type="checkbox"/> PTAC 2060♦	Clinical Practice II* .....	5

\*Students must complete all General Education requirements prior to or during enrollment in PTAC 2060.

**Electives/Optional**

<input type="checkbox"/> PTAC 2110♦	Physical Therapy Research I .....	1
<input type="checkbox"/> PTAC 2120♦	Physical Therapy Research II .....	1
<input type="checkbox"/> PTAC 2130♦	PTA Clinic .....	1
<input type="checkbox"/> PTAC 2170♦	Physical Therapy Seminars .....	1

♦ Course has prerequisite - see course schedule or catalog description.

▲ Course requires Instructor permission.

NOTE: You are encouraged to contact an academic advisor at 763-433-1230 for course planning assistance and information about transfer credit evaluation and transfer options.

## Physical Therapist Assistant

### General Education/MnTC Requirements: 22 credits

Complete a minimum of 22 credits from the Minnesota Transfer Curriculum (MnTC) including the following:

- ☐ BIOL 2113 ♦ Human Anatomy and Physiology I \*\*..... 4
- ☐ BIOL 2114 ♦ Human Anatomy and Physiology II\*\* ..... 4
- ☐ CMST 1110 Introduction to Communication ..... 3
- OR**
- ☐ CMST 2215 Public Speaking ..... 3
- OR**
- ☐ CMST 2220 Interpersonal Communication ..... 3
- ☐ ENGL 1120 ♦ Cross-Current College Writing and Critical Reading
- OR**
- ☐ ENGL 1121 ♦ College Writing and Critical Reading ..... 4
- ☐ PSYC 1110 General Psychology..... 4
- ☐ Humanities/Fine Arts Elective (Goal Area 6)..... 3

\*\*BIOL 2113 & 2114 must be completed no more than seven years prior to admission and must be completed prior to PTAC 1010 Clinical Practice I.

NOTE: Students who fail to meet the sequence requirements, prerequisites, and academic achievement levels will be dropped from the program.

♦ *Course has prerequisite - see course schedule or catalog description.*

^ *Course requires Instructor permission.*

NOTE: You are encouraged to contact an academic advisor at 763-433-1230 for course planning assistance and information about transfer credit evaluation and transfer options.